

STATE DIETARY SUPPLEMENT AGE RESTRICTION LAWS



- Do YOU know that it is **ILLEGAL** to buy BCAAs, CREATINE, PREWORKOUT, GAINER products, etc., in New York unless you are 18 or older?

- Do YOU know that it could soon be **ILLEGAL** for teens to purchase these types of products in California, Massachusetts, and other states?
- Basic muscle building ingredients have been called, unsafe, **DANGEROUS**, and even blamed for causing eating disorders.
- Should YOU stock up on these products before they become **UNAVAILABLE** in your state?
- How will this impact YOU professionally and personally?



AGE RESTRICTED

MUST BE 18+

ID REQUIRED

TAKE ACTION WITH AHPA

TAKE ACTION

DIETARY SUPPLEMENTS ACCESS COALITION



The Dietary Supplements Access Coalition is a team of companies spanning the dietary supplement community working together to address state legislation that would limit access to safe and lawful dietary supplements, especially products marketed for weight loss and muscle building.

The Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED) has spread these bills around the country for years under the pretext that our products cause eating disorders in users under 18, recently passing one into law in New York.

Coalition members understand that these restriction laws are motivated by a sense of threat than good evidence, and recognize that fighting these laws state by state isn't working. Evidence supporting the safety of dietary supplements and challenging the claim that these products cause eating disorders has proven ineffective in the face of emotionally charged testimony by STRIPED advocates.

Working through the American Herbal Products Association (AHPA) coalition members are pursuing interventions that will protect access to safe, lawful dietary supplements in the face of these legislative efforts.

**THE EVIDENCE TO DATE
DOES NOT SUPPORT A
CAUSATIVE ROLE FOR
DIETARY SUPPLEMENTS
IN EATING DISORDERS.**

Hewlings SJ (2023). *Eating Disorders and Dietary Supplements: A Review of the Science.*
doi: 10.3390/nu15092076

**JOIN
THE
FIGHT**

Members of the dietary supplement community interested in participating in coalition efforts should contact Robert Marriott, AHPA Director of Regulatory Affairs, at rmarriott@ahpa.org ■